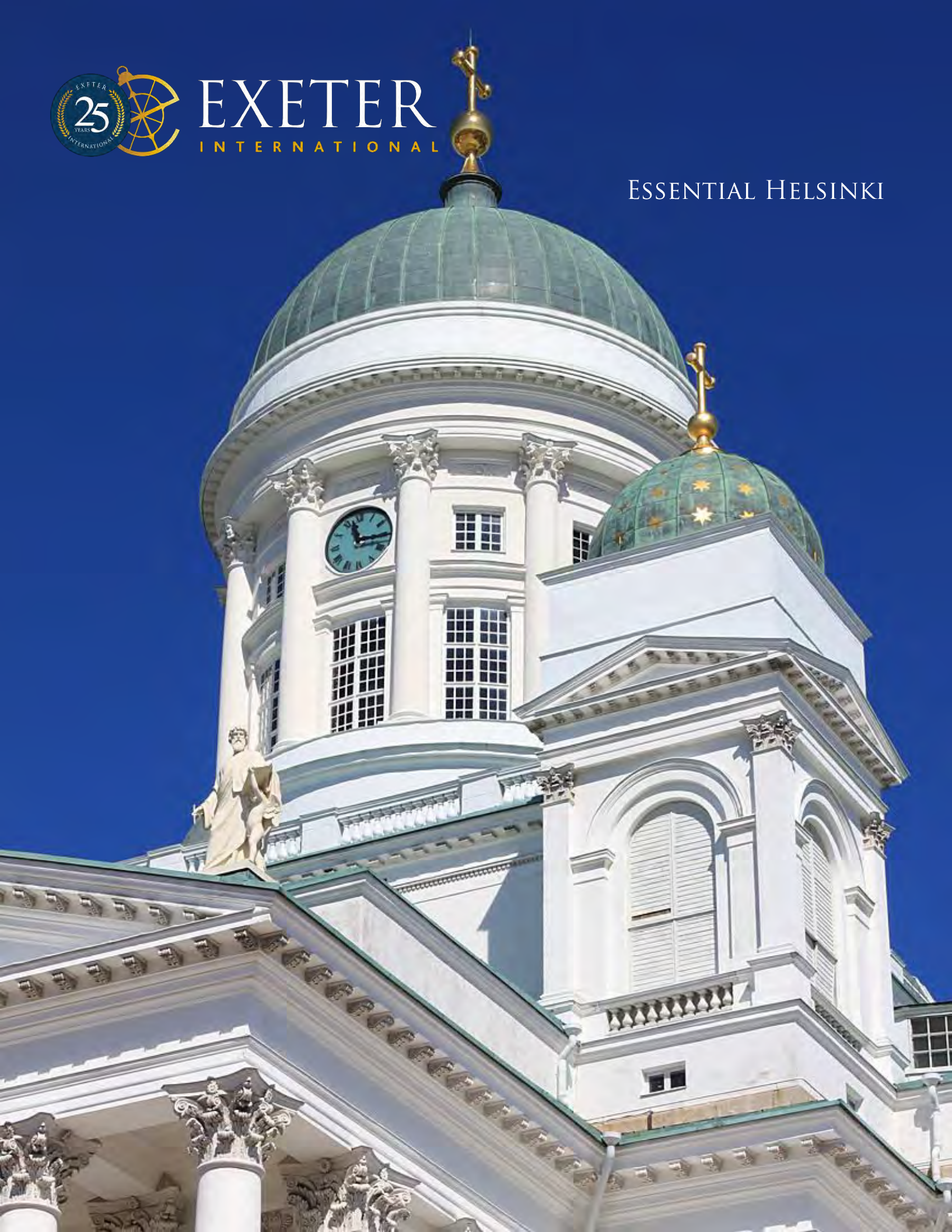




EXETER  
INTERNATIONAL

ESSENTIAL HELSINKI





## ITINERARY AT A GLANCE:

DAY 1	ARRIVAL
DAY 2	CITY OVERVIEW
DAY 3	DESIGN DISTRICT
DAY 4	DEPARTURE



# WHY EXETER INTERNATIONAL?

At Exeter International we have been creating memories and crafting our trademark extraordinary journeys to Central Europe, Russia, Scandinavia, and Central Asia for over 25 years. Our specialty is to distill the best of the best in iconic places that are on so many people's travel must-do list.

We are not a call center of nameless, faceless people. We do not try to be everything to everyone. We are a small team of specialists. We are all committed to providing the best travel experiences to our destinations. Each member of our team has travelled extensively throughout our destinations, giving them insider knowledge lacking in many other tour operators.

Our Extraordinary Experiences are different, unusual, and often closed to the general public. We can offer special insider access that takes you beyond the typical tourist sites. We know how important it is to remain authentic and increasingly going beyond the well-known sites is what is important to our guests—discovering the little-known museum or street market that adds to their experience. We do this through our local knowledge, cultivating our extensive contacts and regularly visiting each destination to enable us to share the most up-to-date insider information with you, our valued partner.

The most important part of your trip will be your guides. Guides come in many quality levels, especially in our part of the world. We have worked with a core group of the best of the best for over 20 years. We know them like family and if they weren't the best, they wouldn't work for us. Simply stated, a guide can make or break your experience. You should have 100% confidence in who is introducing you to your guide and the level of guiding that you are going to get throughout the countries you will be visiting. The best does indeed cost more and we pay our guides at the very top of the market, with pride.

You'll also want to know what kind of vehicle your tour will include. We use luxury late-model vehicles, often Mercedes, Audi, BMW, or Volkswagen, depending on the size of the vehicle you need. You'll want to see things that may or may not be open to the public and go in early or after hours before the crowds whenever possible. We also make every effort to skip lines whenever possible. Avoiding long museum lines is one of our top priorities and we work hard to minimize the wait time to get into the most popular sights in each city, maximizing your time in each destination.

You'll want impeccable planning and someone to bounce ideas off of before your trip and speak English as well as you do while planning your trip so there are no cultural misunderstandings when you arrive. You'll also want someone to talk to if your trip is not perfect when you get home. These are all ways that we distinguish ourselves from all other companies.

A lot goes into our travel program design. We arrange the program so that it is flawless and effortless for our travelers from the time they set foot in the first city until they leave us. The expertise to set up an itinerary like this comes after years of investing in staff on both sides of the Atlantic, and this too is a value that is incorporated into our traveler's trips with us.

# DAY 1



## HELSINKI

Arrival into Helsinki, where you will be met by your private driver just outside baggage claim and transferred to your hotel.

Originally founded by the Swedish king as a commercial rival to Tallinn (on the other side of the Baltic Sea), Helsinki has grown into a beautiful and cosmopolitan capital of more than 500,000 inhabitants. The city retains a small-town feel; there are no high-rise buildings and the market square is still surrounded by 19th-century architecture. Its green parks and waterways, fresh sea winds with seagulls flying over the busy market square, and many open-air cafes make it a perfect summer destination.

### EXETER SERVICES

Transfer

### HOTEL

Hotel Kamp

## DAY 2



## HELSINKI

This morning your guide will meet you at 10:00am for a city overview tour. Your guide will show you Senate Square which was established when Helsinki became the capitol of Finland in 1812. The square represents the political, religious and scientific aspects of the city as it is flanked by the Lutheran church, the Government palace and the University of Helsinki.

You will also see the amazing underground stone church Tempeliahaukio. Built in 1969, the 80 foot ceiling is covered with copper stripping which creates fantastic acoustics.

Continue onto the Sibelius Monument built in memory of Finland's national composer Jean Sibelius. The monument is constructed of hundreds of hollow steel pipes. The pipes are united in a wave like pattern to represent the waves of music.

We recommend you take your time at the famous fish market known as the Kauppatori for a glimpse of local life. In summer, you can watch people selling salmon and potatoes from their boats, snack on a bag of fresh strawberries or cherries.

Your afternoon is at leisure. We suggest hopping on the ferry to Suomenlinna; The greatest sea fortress of the Swedish empire. Located on a tight cluster of islands just south of Helsinki, it is now a UNESCO World Heritage site. The fortress was founded in 1748 to protect the empire against Russian attack. It later fell to the Russians and remained under their control until Finland gained independence in 1917. Here the interesting museums will take you back to the military and maritime history of the fortress, complete with old bunkers, cannons and model ships.

### EXETER SERVICES

Guide (4 hours)

### HOTEL

Hotel Kamp



## DAY 3



## HELSINKI

Your guide will meet you this morning at 10:00am. Helsinki is a fantastic showcase of Scandinavia's minimalist and functional design. Brilliant architecture can be found throughout the city-from the 1900's to present day. Fashion and home goods are well represented in the city's famous design center.

Today you will explore the Design District, home to over 200 designer shops galleries, clothing boutiques and restaurants. Your guide will show you some of the highlights as well as the Design Museum which documents the history of Finnish design and maintains an extensive collection.

Take a moment to step inside the Chapel of Silence. Located outside the entrance to a shopping center, one of the busy spots in the city, the small chapel embraces its visitors with its cocooned curved wooden walls and peaceful interior.

Your guide will also show you the brand new Amos Rex Museum, is comprised of the former Amos Anderson Museum as well as a new contemporary addition. The underground building breaks through the ground level with glass dome ceilings. The museum's focus is contemporary art to 20<sup>th</sup> century modernism. Next door is the Bio Rex, a 1930's movie theater, returned to its former glory.

Your afternoon is at leisure. You might choose to spend more time exploring the Amos Rex or some of the other museums in the city.

### EXETER SERVICES

Guide (4 hours)

### HOTEL

Hotel Kamp

DAY 4



## HELSINKI-ONWARD

Your driver will meet you in your hotel lobby for your transfer to the airport for your departing flight.

**EXETER SERVICES**

Transfer

DON'T GO  
HOME JUST  
YET!



Add on a visit to the Baltics or Russia. Tallinn is just a two-hour express boat ride away. St. Petersburg can be reached by express train in just over three hours. Please inquire for details.



## WHAT'S INCLUDED



### PRICES:

For Two (2) guests traveling together	From \$1,675 per person, double occupancy
For Four (4) guests traveling together	From \$1,225 per person, double occupancy

Exact pricing will depend on dates, hotels, room categories, and touring you choose. Touring on Sundays is an additional cost.

### Accommodations

#### Helsinki

**Deluxe Room for 3 nights at the Hotel Kämp Helsinki;** tax and breakfast included.

The Hotel Kämp is an historic hotel (originally opened in 1887) that was completely restored and rebuilt in 1998. The new hotel comprises three separate buildings, including the original hotel, yet the feeling once inside is that of a unified and luxuriously modern hotel. It is practically impossible to tell the difference from the old part of the hotel from the newer parts. The larger suites have stunning views onto Helsinki's main "Esplanade." The Hotel Kämp is one of the few hotels in the world that feels luxurious, yet extremely comfortable at the same time—look for hard wood floors, oriental carpets, light and inviting décor, and a state-of-the-art fitness center on the top floor!

Guests of the hotel have complimentary access to the Kämp Spa where you can indulge in the eucalyptus steam room or Finnish-style sauna. All rooms have wireless internet, air conditioning, and down duvets and pillows (synthetic linens available on request).

**Deluxe Room:** Deluxe Rooms at the Hotel Kämp are the starting category, but still very luxurious since their 2015 refurbishment. They are approximately 360 square feet and all feature stunning marble bathrooms with separate bath and shower. They offer a single king-size bed or two queen beds, and a sitting area with either armchair and ottoman or sofa and coffee table.

### Meals

No meals included, other than breakfast as described above. Your final documents will include our top recommendations. *Your guides will recommend restaurants that fit your exact needs daily.*

## Services

Private vehicle, driver and guide at your service as described. The timing for each day is noted in your program.

Exeter International's local offices are available for your assistance 24 hours per day while you are traveling. Our local staff may also assist you with restaurant reservations and purchasing of additional theater and museum tickets at your request.

## Transportation

Transportation is included as noted. Unless otherwise noted, all transfer service is with a driver only, not a guide. In general, drivers have limited English-speaking skills. Timing for each day is noted in your program.

## Guides

Hand chosen for their knowledge on local history, art, and architecture. Guides are at your disposal as noted in your itinerary.

## Tickets

All entrance tickets as described in the program.

## Exeter International Travel Information

### BAGGAGE

The vehicles reserved for your itinerary can accommodate up to two medium-sized suitcases per person. If you intend to travel with additional luggage, please advise your travel consultant so appropriate arrangements may be made. In general, we schedule a sedan for parties of two, a minivan for parties of three to four, and a minibus for parties of five or more.

### SIGHTSEEING

Sightseeing arrangements have been made with your special interests in mind. Your drivers and guides are at your disposal as indicated in the itinerary. Within those time and mileage guidelines, you are free to modify your program as you please. Should you require additional time or mileage, the costs will be quoted on request and may be paid for locally in the local currency or U.S. Dollars.

Every effort has been made to confirm that scheduled sightseeing venues will be open at the time you plan to visit them. However, individual estates, museums, gardens and other points of interest can change their hours of operation at short notice. In the event that a particular attraction is closed on the day or time of your visit, your guide will offer alternative arrangements or rearrange your sightseeing to accommodate these unexpected events.

### OPTIONAL EXPENSES

Charges for extra meals, transport, sightseeing services or other optional additions to your established itinerary are your responsibility and must be paid locally in the local currency.

### GRATUITIES

Gratuities are not included in your tour price. Gratuities are at your own discretion. We recommend \$30 per person, per day for your guide and \$15 per person, per day for your driver. For your airport or station transfer, a gratuity of \$20 is customary, based on service. Dollars, Euros and any local currency are all accepted.

### DINING WITH YOUR GUIDE

On days when dinner and lunch costs have not been included in your itinerary (or in your tour cost), you may, at your discretion, choose to invite your guide to dine with your party. You are under no obligation to do so but, if you do extend such an invitation, the guide is your guest and you will be responsible for the cost of his/her meal.



## Booking Conditions

### PAYMENTS

Exeter International must receive a deposit of 25% of the total program cost before reservations for your independent travel program can be initiated. The balance of payment is due 60 days prior to departure. **No reservations are made on your behalf until this deposit has been received.** Availability and pricing is subject to change until this deposit is received. **All deposits are nonrefundable.**

### CANCELLATION

Written cancellations received fewer than 60 days prior to departure are subject to the following forfeit of tour cost:

- 59–14 days prior to departure, 50% of total tour cost
- 14 or less days prior to departure, 100% of tour cost

### REFUNDS

We regret that refunds cannot be issued for arrangements confirmed on your itinerary but unused once your tour has begun.

### INSURANCE

Exeter International strongly recommends the purchase of travel insurance to protect your investment. You will find insurance costs noted on your invoice and insurance coverage information in your original booking packet.

### PRICES AND ARRANGEMENTS

Once an itinerary is finalized and final payment has been made, a \$100 revision fee will be charged if the itinerary is changed.

The tour price includes planning, handling and operational charges. Rates are quoted in U.S. Dollars on the current rate of exchange and tariff as of 2020. Exeter International reserves the right to increase tour prices to cover increased costs, tariffs and taxes, and to reflect fluctuations in foreign exchange markets. Devaluation of a foreign currency will be weighed against any tariff increases imposed. **Exeter International does not breakdown costs involved in any Small Group or Individual Travel Program.**

*All arrangements are subject to availability and modification if necessary.  
Prices are subject to change if necessary until paid in full.*

## Exeter International

[www.exeterinternational.com](http://www.exeterinternational.com)

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